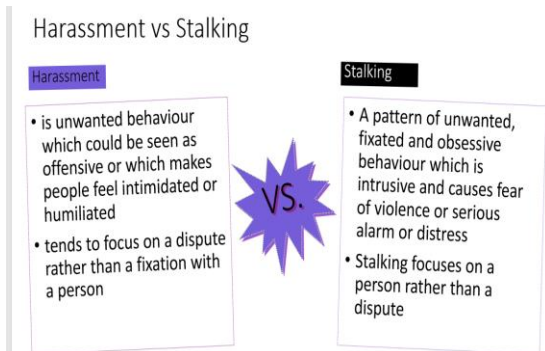




Spotlight on – Stalking & Harassment

What is stalking & harassment? If someone's repeatedly behaving in a way towards you that's making you feel scared, distressed or threatened, then you may be a victim of stalking or harassment.

[What is stalking and harassment? | Police.uk \(www.police.uk\)](http://www.police.uk)



Thanks to Independent Choices for the diagram

The Protection from Sex-Based Harassment in Public Bill – which has received welcome Government backing – is a rare opportunity to tackle public sexual harassment, to ensure justice for those who are harassed, and to send a clear message that such behaviour is unacceptable.

[Joint briefing Protection from Sex-Based Harassment in Public Bill \(June 2023\) | Suzy Lamplugh Trust](#)

Connected devices such as baby monitors and smart speakers are increasingly being used to survey, harass and control victims of domestic abuse, MPs have warned. The government has been urged to do more to tackle the rise in so-called "tech abuse" - whereby smart technology and connected devices are used to broaden and facilitate patterns of domestic abuse.

['Chilling' surge in use of smart speakers and baby monitors to carry out domestic abuse, MPs say | Politics News | Sky News](#)

'I was scared to go out': Campaigners argue 'invaluable' specialists could massively increase stalking convictions

A victim has told Sky News an Independent Stalking Advocate helped her through a terrifying time. The specialists help victims understand their rights, log evidence and apply for stalking protection orders. Charities think protections for victims should be worked into a new law. ['I was scared to go out': Campaigners argue 'invaluable' specialists could massively increase stalking convictions | UK News | Sky News](#)

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See Stalking Clearly - Episode 3:

[The psychological and emotional impact of stalking](#)



Laura Richards BSc, MSc. MBPsS is an award winning and world-renowned criminal behavioural analyst, investigator and advocate. On this podcast, Laura joins Gemma Aitchison in conversation about her current vital campaign to protect women and girls from male violence and abuse: that serial stalkers and domestic violence offenders will be included on a Serial Perpetrator Register. Laura explains why *"A cultural shift is urgently needed, one where we prioritise and focus on the perpetrator, ask questions about their offending behaviour, collect and share intelligence about their offending behaviour, assess and manage their behaviour, seek to hold them to account and close their behaviour down."* [#82 FiLiA meets: Laura Richards](#)

STAND UP AGAINST HARASSMENT, BYSTANDER TRAINING 14TH SEPTEMBER 11:30-12:30. The Suzy Lamplugh Trust are delighted to announce that we have partnered with L'Oréal Paris to exclusively bring you the expert-approved **"Stand Up Against Street Harassment" international** training programme by "Right To Be". Sessions are an hour long and free of charge to attend. [Anti Harassment Bystander training \(suzylamplugh.org\)](#)

- 80% of women in the UK have reported experiencing harassment in public spaces
- 75% of UK harassment victims said no one helped
- 93% of UK women and 90% of UK men believe there is lack of training on how to intervene
- 86% of UK witnesses who have intervened reported that their action improved the situation
- 86% of UK respondents say they did not intervene because they do not know what to do

Police need to find new ways of tackling stalking, a decade after it was made a specific offence, victims have said. Chloe Hopkins, from Prestatyn, Denbighshire, was stalked for seven years and said it was not "taken as seriously as it should be".

[Stalking: Victims say new ways needed to tackle crime - BBC News](#)



Training on stalking & harassment can be delivered via zoom or in-person by Independent Choices please email for more information training@independentchoices.org.uk



Operated by the Suzy Lamplugh Trust (You can read Suzy Lamplugh's story here <https://www.suzylamplugh.org/suzys-story>). The National Stalking Helpline gives practical information, support, and advice on risk, safety planning and legislation to victims of stalking, their friends, family, and professionals working with victims.

Freephone: 0808 802 0300



Paladin amplifies the voice of the victim within the criminal and civil justice system, as many victims feel isolated and terrified. Some pay with their lives. Paladin provides a high level of advocacy to anyone at risk of serious harm or homicide from a stalker. [Paladin – National Stalking Advocacy Service \(paladinservice.co.uk\)](http://paladinservice.co.uk)



Are committed to raising awareness of the signs and educating about the benefits of early intervention, while supporting victims of stalking in all communities across the UK. **Protection Against Stalking** is a national charity working within communities to raise public awareness about stalking and support victims of stalking through providing specialist support services. [What We Do | Protection Against Stalking](#)

Revenge Porn Helpline 0345 6000 459: A UK service supporting adults (aged 18+) who are experiencing intimate image abuse, also known as, revenge porn. [Revenge Porn Helpline - 0345 6000 459 | Revenge Porn Helpline](#)

Google Announces New Policies to Remove Intimate Images from Search Results [Google Announces New Policies to Remove Intimate Images from Search Results \(swgfl.org.uk\)](#)

Sexual harassment is a type of sexual violence – the phrase we use to describe any sexual activity or act that happened without consent. Victims and survivors of sexual harassment are often told that they are being 'unreasonable' or 'too sensitive', or that they 'can't take a joke'. **But sexual harassment is never funny and should not be happening.** Some forms of sexual harassment automatically break criminal law in England and Wales, and are therefore crimes. [What is sexual harassment? | Rape Crisis England & Wales](#)

Laura Whitmore on incels, rough sex and cyber stalking. Watch on Play Back on ITVX [Laura Whitmore Investigates - Watch Episode - ITVX](#)



Rape Crisis E&W have updated their website, what is rape? [What is rape? | Rape Crisis England & Wales](#)

RESTORE Service
Pankhurst Trust (Incorporating Manchester Women's Aid)

Restore Service provides advocacy and person-centred support to individuals experiencing domestic abuse, stalking and harassment. To reduce risk and increase safety our team provides practical and emotional support, liaison with other professionals, a holistic and empowering environment for improved client well-being and efficacy.

What Do We Offer?

- Safeguarding
- Risk assessment
- Safety and support planning
- Support to access and navigate the Criminal Justice System
- Practical advice on how to keep safe at home, outside the home, and online

Who Do We Support?

- Anyone over 18+
- Victims of acquaintance stalking or ex-intimate partner stalking
- We don't currently offer a service to provide support to victims of stranger stalking

How to Refer to Restore?

Contact our Referral Line on
0161 660 7999
(Monday to Friday 9:30am - 16:30pm)

Or email:
referrals@manchesterwomensaid.org

Support Resources

- National Domestic Abuse helpline: 08082000247
- Suicide Crisis number: 08009530285
- Supportline: 08081689111
- Paladin: 020 3866 4107
- National Stalking helpline: 08088020300



A huge congratulations to England's Lionesses for reaching the World Cup Final. The first unofficial women's world cup occurred in Italy in 1970. In 1991, FIFA held "The First FIFA World Championship for Women" where games were only 80 minutes. It wasn't until 1995 that the first official, FIFA-sponsored Women's World Cup happened. Over the past 30 years, women's soccer has grown in numbers and popularity. **Yet women's soccer players are still treated unequally to their male counterparts.** They receive less pay, less support, and less prize money. The National Football Museum has put together an online history of the women's world cup [The fascinating history of the Women's World Cup — Google Arts & Culture](#)