



## About Rape Crisis


Rape Crisis is a women's voluntary group.




 Rape Crisis offers FREE telephone support.

 You can find out more about us at:

[www.traffordrapecrisis.com](http://www.traffordrapecrisis.com)

 You might also want to look for us on Facebook.

 We rely on volunteers and funding to provide this free service. If you would like to donate, or get involved in our work then please contact us.

## Contacting Rape Crisis:



0800 783 4608

You can phone us and talk to a woman rape crisis worker, during office hours.

At other times you can leave us a short message. We can call you back later if you leave your number.



You can text us to ask a question or tell us about something that is worrying you. We will text back.

0796 7000 205



You can email too. We will always write back.

[dorothytrc@hotmail.co.uk](mailto:dorothytrc@hotmail.co.uk)



You can send us a letter and we will write back.

Trafford Rape Crisis, Unit 314,  
Peel House, 30 The Downs,  
Altrincham, Cheshire, WA14 2PX

# Trafford

# Rape Crisis



## You are not alone

# Trafford Rape Crisis is here to support you....

If you are a woman who has been raped, had unwanted sex, or been touched in a sexual way without being asked, we are here to support you while you sort things out.

We provide someone to talk to on the phone who can listen whilst you tell us what is worrying you right now.

It is not your fault that you have been raped.

It does not matter if the abuse happened today, last month, or when you were younger.

Everything you say will be kept private.

Rape crisis offers FREE support for women, by women.

**Survivors of Abuse**

*Free*

Help is only a phone call away...

0800 783 4608